



The Weekly Blah

Explosive Science!



The Grade 7 children have started the year by looking at the building blocks of all matter – from atoms and building atomic models, to looking at the 5 phases of matter and building a solid lattice from marshmallow, to creating compounds using Jellytots. They then had a look at the compounds and what happens when you mix certain compounds together. The reaction, enjoyed by the Grade 7s, was fairly explosive! So when cooking - make sure you do not mix bicarbonate of soda and vinegar!



Not just a school ~ a way of life



Since the Grade 5 children have been looking at solids, liquids and gases this term, Samantha Bihl amazed her class by bringing liquid nitrogen for everyone to see. Once the liquid nitrogen had evaporated, they were amazed to feel how cold the container became as a result of the process.

Squirrel Artwork

The children in the Grade R Squirrel Class have been learning about themselves and their place in the world. They have looked at what makes each person unique as well as the differences and similarities between people. They have drawn pictures of their friends and this week had to draw pictures of themselves, paying close attention to the details of their faces.



Joshua Johnson



Erin Kelly



Georgia Wrightson

Wanted:

- Plastic bottles (any size, clean, with lids) tins (any size, clean, with lids). Can be delivered to the Science Lab.

HEADlines.....

Please sir...can I have some more? Children not eating enough lunch.

It has come to our attention that some children are not eating the school food, but rather bringing their own lunches to school either at breaks or before sport. The reason offered for this was that there was not enough for children to eat, or that the bread was stale. Let me begin by saying that there is always enough food. We provide a balanced meal that will always include starch, protein and vegetables or salad. There are always sandwiches at first break. The bread is always fresh. There is always fruit available outside Cloetenburg, and there is always bread available after school for sandwiches. We monitor these arrangements very carefully and that is why I can say this with confidence. We do not force feed the children and herein lies the problem. Some children choose to take very little food so that they can have more free time at break time.

The arrangements around meals and eating at Somerset House have been the same for a long time, and for good reason. Children operate far better without junk food and this is one of very few schools which has tried hard to eliminate unhealthy options. There are a few children who have special dietary or religious requirements that must be considered and our kitchen takes care of this. If any child feels that he or she is not given enough food they are welcome to see Mrs Rautenbach or me and we will ensure that the problem is rectified.

We do allow treats to be brought to school for class parties, but ask that these are not excessive. Your teacher can help with more information if this is required. It really does not help if some children try to bypass the system by bringing their own food. We ask for your support with this issue.

Chris Storey – Headmaster

head@somersethouse.co.za

Recycling

Well done to Grade 1 du Plessis for bringing in the most paper this week! Another big thank you to the wheel-barrow drivers, the packers and the sorters – all from Grade 5. The gang are there every Wednesday, always smiling and cheerful – well done. There are three more Wednesdays this term and Mrs Cod is starting to bake the prize for the class which brings in the most...so, gather it all together and let's have a blast next week.

Class	Weds 20 Jan	Weds 27 Jan	Weds 3 Feb	Weds 10 Feb	Weds 17 Feb	Weds 24 Feb	Class Totals
7M	4.7	53.3	47.0	9.0	17.3	13.9	145.2
7W	22.0	7.0	2.0	4.8	27.8	6.5	70.1
6C	24.7	62.5	80.2	32.5	2.0	26.0	227.9
6M	10.0	28.3	25.0	15.9			79.2
5B	83.8	73.2	39.1	6.0	29.5	21.4	253.0
5K	21.0	85.0	50.9	10.0	11.6	35.8	214.3
4M	60.3	8.5	25.8	15.0	13.0	33.0	155.6
4vN	11.8	15.4	11.1	23.1	6.2	6.3	73.9
3P	51.2		6.2	21.6	26.6	39.5	145.1
3U	6.5	13.8	8.8	33.1	3.5	50.0	115.7
2P	50.8	75.6	168.3	171.1	153.3	20.5	639.6
2T	97.6	79.1	56.0	43.2	38.1	68.2	382.2
1dP	64.3	2.0	9.9	13.8	84.1	153.0	327.1
1R	18.3	7.0	1.0	7.0	9.0	2.0	44.3
Weekly Total	526.9	510.7	531.3	406.1	422.0	476.1	2873.1

Artist of the Week

"I am eating watermelon"



Art in Grade 1 got off to a flying start with cutting up and sampling pieces of drippy watermelon. We looked at the colours and shapes and discussed what happens to your arms when you hold a slice of watermelon (not as obvious as you might think!). Well done to our two artists, Ruth Benson and Caitlin Ristow, for beautifully finished artwork!

Somerset House Family Fun Day!

Tomorrow is the big day that we have all been looking forward to! We know that you are all as excited as we are and the day is promising to be a real treat! So, what else can you expect to find at the Fun Day? Spur will be joining us for the first time and serving up some delicious hamburgers while Raats and Wonky wines will be tempting your palates with an array of superb wines. The beer garden will have draught on tap this year – another first - and of course, when you get too hot there will be snow cones on offer. Romans Pizza will also be there as well as the Vida Café coffee bar.

On the fun side you can expect to find a new and much improved Para-fun ride as well as the much loved Lazer Quest. This year you will find a traditional old-style carousel as well as pony rides, sand art and Beat the Goalie. For the tiny people, the electric cars will make a return and the Grade 000 Bee class will be holding black bike races for all those future Harley riders. We also have new additions to the craft stalls with the sale of clothes, both for you and for your Build-a-Bear. Don't forget your cash as these stalls will not be operating on the ticket system. On the main stage DJ Reece will be pumping out the music. At 4pm Jimmy Long Legs will be up to his antics and at 5pm our old friend the Snake Man returns with his slimy beasties. The amazing Inside Out band (whom some of you will remember from the golf day soirée last year) will start at 6pm and take a break at 7pm while Matt Gore wows us with his stunning fire show. A last reminder - visit Skin Kids on your arrival for your free application of sun cream, bring a costume and towel and don't forget your picnic blankets for the evening.

For those of you who have not yet returned your Fun Day raffle sheets you have until Monday 1 March. Mr. Storey will be drawing the winner at Assembly on Friday 05 March.

And NO, we haven't forgotten..... Who can you expect to dunk tomorrow?

Mr. Storey	Mr. Codrington
Mrs. Underwood	Mr. Harley
Ms. Mac	Mr Rank

The Guild Committee

Lights, camera and do some sit up's Mr. Harley!!

Late Sunday afternoon, Somerset House was abuzz as Harlan Greig and several of his Grade 7 friends were invited to do some work for Spur steak houses. Spur restaurants had invited them to come and do a "shoot" for their website and promote upcoming adventures such as the Spur challenge and a karaoke showdown. The clan had to go about their business of playing indoor



hockey, indoor soccer, conducting interviews with each other, cycling around the school and, of course, tucking into their favourite Spur burger! Special mention needs to go to Mr. Harley for enduring the wrath of the Grade 7s who also put him through his paces. Not only did Mr. Harley get a yellow slip, he was also put through numerous physical activities and came through with flying colours! They say revenge is sweet? Stardom has come early as their next engagement is a chauffeur driven limousine to Spur for dinner, followed by the karaoke showdown!

Sports News

Cricket: 3rd Team vs Hendrik Louw B Team

What a game this was! Skipper Bradley Roberts won the toss and elected to bat first. We had a slow start with some disciplined bowling from Hendrik Louw. Matthew Greaver played a patient knock and was rewarded with a well-struck 12. The middle order had a slight collapse but was again stabilized by a quick-fire 13 by Calvin Durr. We ended on 69 for 7 in our 20 overs. With not many runs to defend we knew we needed to be disciplined with the ball. Our pace bowler Grant Shearer gave us the perfect start with a wicket in the first over. Our bowling remained tight and wickets fell at regular intervals, but with such a low score to defend we always knew they would get close. There was outstanding bowling by Joshua Van Der Merwe with three overs, one maiden, fours runs and 3 wickets. We could sense a victory! A tense last over was bowled by Tristan Heimann. Hendrik Louw needed 5 off the last over and we needed 1 wicket. A wide off the first ball brought panic to the team but Tristan remained calm and backed himself. Another 2 singles off the next two balls left Hendrik Louw needing 2 runs off 4 balls. We needed a miracle! A brilliant run out by skipper Bradley Roberts off the next ball got us to the finish line winning by 1 run! Well done to the boys! Keep it up.

WESTERN CAPE SWIMMERS

We have just heard the exciting news that Megan McEwan, Joselyn Brazer and Ash Rutherford have all been selected to represent the Western Cape Swimming Team. They will be competing at the South African National Aquatic Championships which is to be held at Newlands, Cape Town on the 5 and 6th March 2010. We congratulate them on their achievement and wish them the very best of luck!



CAPTURE THOSE MEMORIES

You may have seen Alexa Ristow at a number of our sporting events capturing those special moments. A full CD with photos of the Championship Gala may be ordered from Kirsty Jardim at a cost of R30. Please place your order and cash in a sealed envelope and hand to Kirsty by next Friday 5 March. We thank Alexa for the wonderful service she is offering to our parents.



CHAMPIONSHIP GALA

Last Friday saw approximately 180 of our pupils participating at the Championship Gala. This was not an inter-house event and swimmers were competing against one another for top honours. We congratulate our trophy winners for 2010:



<p>Grade 1 Girl: Most Points Andrea du Plessis</p>	<p>Grade 1 Boy: Most Points Nicholas Lombard</p>
<p>Runner-Up Girls U8 Dani Blythe and Stephanie Bihl Most Points Girls U8 Yvonne Huysamer</p>	<p>Runner-Up Boys U8 Travis Norris Most Points Boys U8 Stuart Campbell</p>
<p>Runner-Up Girls U9 Josefine Hjalmer and Tatum James Most Points Girls U9 Laiken Mattheys</p>	<p>Runner-Up Boys U9 Ethan Lombard Most Points Boys U9 Matthew Cilliers</p>
<p>Runner-Up Girls U10 Rebecca Day Most Points Girls U10 Chloë Morris</p>	<p>Runner-Up Boys U10 Greg Bolus Most Points Boys U10 Gary-Paige Mattheys</p>
<p>U11 Individual Medley Penfam Trophy Megan McEwan</p>	<p>U11 Individual Medley Penfam Trophy Antonie Small-Smith</p>
<p>U11 Victrix Ludorum: Bairnsfather Cloete Trophy Megan McEwan Runner-Up Tayla Geldenhuys Trophy Moya Smith</p>	<p>U11 Victor Ludorum: Antonie Small-Smith Runner-Up: Rutherford Trophy Zac Fagan</p>
<p>Runner-Up Girls U12 Katya Schulte Most Points Girls U12 Joselyn Brazer</p>	<p>Runner-Up Boys U12 Marcus Nel Most Points Boys U12 Jordan Haantjes</p>
<p>U13 Individual Medley: Holloway Trophy Ash Rutherford</p>	<p>U13 Individual Medley: Rhodesia Trophy Keegan Ahern</p>
<p>U13 Victrix Ludorum: Ash Rutherford Runner-Up Bella Gebers</p>	<p>U13 Victor Ludorum Keegan Ahern Runner-Up Rutherford Trophy Julien Vincent</p>



ATHLETICS TRIALS

On Tuesday afternoon and well into the evening, four of our athletes competed at the KUILSRIVER Zonal Trials which were held at Blue Downs Stadium. The best athletes were present and the competition was tough, not to mention the rain and strong prevailing winds. Nevertheless our athletes did very well. Jordan Rob came 9th out of 24 athletes in the Boys U12 1200m, Luke Stephens came 6th out of 24 athletes in the 1200m for boys U11, Ashley Smithers came 5th in the Girls U13 Long Jump and Emily Dyssell got into the final for the Girls U13 200m and came 5th overall. We are very proud of what our athletes have achieved and the experience they have gained. Well done to all of you!

INDOOR HOCKEY

Our girls and boys indoor hockey teams played in the semi-finals against Somerset College on Monday evening. The boys' match was an extremely tense affair and we managed to go 1-0 up, thanks to a superb strike from Matthew Greaver. College then equalized and we went into the break with all to play for. The second half was a superb exhibition of end-to-end hockey, with both sides having numerous chances. With one minute to go, College broke our hearts with a goal that snuck under sticks and kickers. The boys were absolutely gutted but could take heart from their best performance of the season. They played with their hearts on their sleeves and did themselves proud. Well done to Chris, Keegan, Rijk, Nic, Justin, Matt, Cass and Che. Good luck for 3rd/4th place playoffs on Monday!



The girls played a super game and never allowed Somerset College to dominate play. We were leading 5 – 1 at half time and maintained the pressure in the second half, creating and finishing off good attacking moves. 4 more goals were scored in the second half and we won the semi-final encounter 9 – 1. The girls will now play in the final against a strong Hendrik Louw team. This match will be played at 19h00 on Monday evening and we invite all our friends and family to come and support us. The Team is as follows: Bella Gebers, Natasha Furness, Sinead van Eeden, Ashley Smithers, Sophie Gebers, Ash Rutherford, Emily Dyssell, Emma Demes and Maria Small-Smith

GIRLS' RELAY GALA

On Wednesday afternoon we hosted our Girls' Relay Gala. Beaumont, Rhenish, Somerset College and Somerset House competed in Freestyle, Breaststroke, Butterfly and Medley Relays. Unfortunately a number of schools were not able to join us, however this gave both ourselves and Beaumont the opportunity to enter B Teams. Special congratulations to our top age groups of the day: Girls U9, Girls U12 and Girls U13. We had a real ding-dong battle with Beaumont, who were leading after the first points update of the day. After the Breaststroke relays, we were lying in tied 1st position and then Beaumont went into the lead again after the Butterfly Relays. The Medley Relays were very exciting and our swimmers gave it their all. Somerset House managed to pip Beaumont to the post and the final points were as follows:

- | | | | |
|--------------------|----|--------------------|-----|
| • Somerset House B | 48 | • Rhenish | 84 |
| • Beaumont B | 49 | • Beaumont A | 102 |
| • Somerset College | 73 | • Somerset House A | 105 |

Congratulations to the entire team!

CRICKET NEWS:

Under 11 B v Hendrik Louw – Tuesday 24th February (H)

Hendrik Louw decided to bat and started to score quite quickly. Some excellent bowling from Tristan Brazer (3 wickets) and Nicholas Whaits (2 wickets) soon stemmed the flow of runs. "Catches win Matches" was certainly true with Marais Kruger and Callum Smith taking two vital

catches. Two run-outs helped and Hendrik Louw were all out for 106. Some work needs to be done by our bowlers – some 45 extras were given to the opposition. Our batting was generally good. A solid start from Marais and David Wilson set the scene, with additional runs scored by Graysen Shearer, Callum Smith. Liam Botha hit some good boundaries and then the winning runs with a mighty six! Well done team – and well captained by Graysen Shearer.

Under 11 A v Hendrik Louw – Wednesday 24th February (A)

Hendrik Louw won the toss and chose to bat. We had some rather varied bowling to start with and ended up giving the opposition 37 extras! However things settled in the field and there were some excellent examples of teamwork and good cricket. Then Richard Milton took two wickets and Antonie Small-Smith and Migali Giagas took two excellent catches. Our target was 109 to win and those of us watching the game were in for a batting performance of note! We had practised running between the wickets on Monday and it was an absolute joy to watch the boys going for the singles and playing some attacking cricket. George Huysamer (27) and Migali Giagas (32*) batted beautifully, but they were helped by all the other batsmen. It was a real team performance and we scored the winning runs in the 22nd over. Congratulations to the whole team – a super performance!!

WEEK 8: Week ending 7 March 2010

Mon	1 March	11h10 15h00 19h00-19h35 20h20	Grade 7 Visitor Kenridge Gala – Bus leaving 13h40 Indoor Hockey (Somerset College) – Girls' Finals Prize Giving
Tues	2	14h30	Cricket vs Temperance Town – U10A (A) and U13B (H) vs Danie Ackerman – U11B (H) and U13C (A)
Wed	3	10h30-12h30 13h30 14h00 14h15	MAD Outreach for Grade 6s Mini Cricket vs de Hoop (A) U7,U8 and U9 Cricket vs Loreto – U11C (H) and U13D (Radloff Park)) vs SWPS A – U11A (A) and U13A (H) Junior Prep Staff Meeting
Thurs	4	14h30	Tennis Matches – Girls U11 vs De Hoop (SWPS) - Boys U11 vs Beaumont (Beaumont) - Girls U13A vs Lochnerhof (H) - Girls U13B vs Somerset College (Recreation Club) - Boys U13A vs De Hoop B (H) - Boys U13B vs Lochnerhof (Strand High School)
Fri	5	14h15 18h00-20h30	SA National Swimming Champs (Newlands) Senior Prep Staff Meeting – Mimio Training Stacey's Games Evening for Grade 7s (Simpson Hall)
Sat		08h00	Backsberg Orchestral Weekend (Depart 08h00) SA National Swimming Champs (PE / Bloemfontein) Hendrik Louw Mini-Cricket Festival – U9

Find these exciting stalls at our Fun Day on Saturday!

Fun Photos	Honda Putting comp.	Pony Rides	De Trafford wines
Gory Details	Water Bubbles	Wii and Me	Lebanese Delights
Cave of Horrors	Water-balloon Volley-ball	Beat the Goalie	Milkshake bar
Choo Choo Express	Jumping Castles	Build-a-Bear clothes	Vida Coffee Bar
Ladybird Face painting	Lazer Quest	Waterpark	Frosty fresh slushies
Biker Bees	Obstacle Course	Slip and Slide	Romans Pizza
Peter Pan's Play Park	Parafun	Squirrels' Candy land	Sushi and Champagne
Electric Cars	Rodeo bull ride	Pancakes	Beer Garden
Slam Dunk	Skinkidz	Soft Serve ice-cream	Rugby Bar
Funky Fun Tombola games	Tea From Heaven	Oasis water and juice	Spur burger bar
Sand Art	Honey Bee Crafts	Ocean Basket	Snow cones
Carousel	Handcrafted bags	Simply Asia	Chipstix
	Diva me up	Biltong Bar	Raats Family wines
	The Kikoy stall		Wonky wine sales