



PREP SCHOOL

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TERM 4	Week 1	09 Fish Cakes Potato Salad Beetroot Salad Fruit	10 Bow Tie Pasta Grated Cheese Corn on the Cob Salad Fruit	11 Roast Beef Cheese Slices Cocktail Rolls Salad Yoghurt	12 Grilled Chicken Fillet Burgers Pineapple Salad Fruit	13 Tuna Mayonnaise Egg Salad Grated Cheese Provitas Salad and Yoghurt
	Week 2	16 Oven Roasted Chicken Breast Baby Potatoes Green Beans Salad and Fruit	17 Tuna Salad Grated Cheese Tortilla Wraps Salad Fruit	18 Lasagne Sweet Corn Salad and Yoghurt	19 Chicken Kebabs Potato Salad Corn on the Cob Salad Fruit	20 Summer Berry Smoothies Cheese and Crackers
	Week 3	23 Cold Meat Hard Boiled Eggs Cheese Slices Cocktail Rolls Salad and Fruit	24 Tomato Pasta Grated Cheese Country Veggies Salad Fruit	25 Country Chicken Casserole Savoury Rice Tortilla Basket Salad and Yoghurt	26 Baked Potatoes Baked Beans Grated Cheddar Creamed Spinach Salad and Fruit	27 Family Lunch
	Week 4	30 Roast Chicken Potato Salad Beetroot Salad Salad Fruit	31 Toasted Sandwiches Salad Fruit	01 Spaghetti Bolognese Grated Cheese Sweet Corn Salad Yoghurt	02 Crispy Chicken Tender strips Tortilla Wraps Salad and Fruit	03 Founders Day
	Week 5	06 Chicken Sausages Potato Salad Corn on the Cob Salad Fruit	07 Macaroni Cheese Roasted Butternut Salad Fruit	08 Fish Fingers Mashed Potatoes Peas Salad Yoghurt	09 Chicken and Bacon Kebabs Savoury Rice Green Beans Salad and Fruit	10 Mango Smoothies Cheese and Crackers Salad and Fruit
	Week 6	13 Oven Roasted Chicken Breast Cheese Sauce Baby Potatoes Salad and Fruit	14 Pasta Carbonara Beetroot Salad Salad Fruit	15 Tuna Salad Grated Cheese Tortilla Wraps Salad Yoghurt	16 Pork Sausages Mashed Potatoes Peas Salad Yoghurt	17 Roast Beef Cheese Cocktail Rolls Salad Fruit
	Week 7	20 Terezo Day Chicken Burgers Salad Fruit	21 Meatballs Mashed Potatoes Peas Salad Fruit	22 Toasted Sandwiches Salad Yoghurt	23 Bow Tie Pasta Grated Cheese Corn on the Cob Salad Fruit	24 Tuna Salad Egg Mayonnaise Grated Cheese Crackers Salad and Fruit
	Week 8	27 Grab and Go Lunch Salad Fruit	28 Tomato Pasta Grated Cheese Garden Vegetables Salad and Fruit	29 Class Parties	30 Cold Meat Cheese Hard Boiled Eggs Rolls Salad and Fruit	01 End of Term No Lunch

Salad on the menu indicates a selection of fresh carrots, cucumber slices, tomato or lettuce
 In addition, there is brown bread, peanut butter and spreads on the table.
 These meals are subject to stock availability and electricity supply.
 This menu is subject to change without notice.