## Kit List Children and Adults

| | Tick |
|---|---|
| **Warm clothes** | |
| **Rain jacket** | |
| **Old clothes for everyday wear. (Plus extra set)** | |
| **Sun Cap** | |
| **Swimwear** | |
| **Hiking boots or walking shoes** | |
| **Toiletries ( Soap, shampoo, toothbrush, toothpaste, 1 roll toilet paper, etc…….)** | |
| **Shower cap** | |
| **Towels x2 (bath and swimming)** | |
| **Own bedding: Fitted sheet, sleeping bag, pillow, blanket.** | |
| **Own plate, mug, glass, bowl, knife, fork, spoon, teaspoon, dishcloth….** | |
| **Sunglasses & sun cream** | |
| **Torch & batteries** | |
| **Own personal medicines** | |
| **Washing peggs for towel and wet clothes** | |
| **Black bag for dirty or wet clothes** | |

***"Only he who can see the invisible can do the impossible"***