

PREP SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
TERM 3	Week 1	Staff Work Day	17 Grilled Chicken Fillet Cheese Sauce Garlic Baby Potatoes Green Beans Salad and Fruit	18 Spaghetti Bolognese Sweet Corn Salad Fruit	19 Tuna Salad Grated Cheese Tortilla Wraps Salad Fruit	20 Lamb and Vegetable Soup Cheese Rolls Salad Fruit
	Week 2	23 Roast Chicken Savoury Rice and Gravy Baby Carrots Salad and Fruit	24 Taco Tuesday 🌮 Savoury Mince Taco Shells Cheese and Salsa Corn on Cob Salad and Fruit	25 Macaroni Cheese Roasted Butternut Salad Pineapple Yoghurt	26 Chicken Sausages Mashed Potatoes & Gravy Peas Salad and Fruit	27 Roast Beef & Cheese Hard Boiled Eggs Roasted Vegetable and Couscous Salad Salad and Fruit
	Week 3	30 Country Casserole Savoury Rice Carrot Julienne Salad Fruit	31 Pasta Carbonara Grated Cheese Garden Vegetables Beetroot Salad Fruit	01 Baked Potatoes Creamed Spinach Cheese Sauce Baked Beans Salad and Yoghurt	02 Spicy Chicken Strips Baby Wraps Grated Cheese & Salsa Salad Fruit	03 Tuna Salad Cheese Slices Egg Mayonnaise Provitas Salad and Fruit
	Week 4	06 Bow Tie Pasta Grated Cheese Corn on the Cob Beetroot Salad Fruit	07 Toasted Sandwiches Pineapple Crudité and Dip Fruit	08 Chicken Fillet Burgers Lettuce/ Tomato Coleslaw Yoghurt	09 Public Holiday	10 School Holiday
	Week 5	13 Tomato Pasta Grated Cheese Country Vegetables Salad Fruit	14 Tuna Salad Grated Cheese Tortilla Wraps Crudité and Dip Fruit	15 Cottage Pie Pumpkin and Feta Bake Peas Salad Yoghurt	16 Chicken Kebabs Garlic Baby Potatoes Corn on the Cob Salad Fruit	17 Butternut Soup Cheese Country Bread Salad Fruit
	Week 6	20 Oven Roasted Chicken Breast & Sauce Sweet Potato Wedges Green Beans Salad and Fruit	21 Baked Potatoes Creamed Spinach Baked Beans Cheese Sauce Salad and Fruit	22 Lasagne Sweet Corn Crudité and Dip Yoghurt	23 Oven Baked Hake Mashed Potatoes Peas Lemon Wedges Salad and Fruit	24 Roast Beef & Cheese Hard Boiled Eggs Potato Salad Butternut & Feta Salad Salad and Fruit
	Week 7	27 Country Casserole Savoury Rice Tortilla Baskets Salad Fruit	28 Pasta Carbonara Grated Cheese Garden Vegetables Beetroot Salad Fruit	29 Chicken and Vegetable Soup Cheese and Rolls Salad Fruit and Yoghurt	30 Pork Sausages & Gravy Mashed Potatoes Peas Salad and Fruit	31 Grandparents Day TBC
	Week 8	03 Fish Fingers Mashed Potatoes Peas Salad Fruit	04 Bow Tie Pasta Grated Cheese Corn on the Cob Salad Fruit	05 Tuna Salad Cheese Egg Mayonnaise Baby Potato Salad Salad and Yoghurt	06 Spicy Chicken Strips Baby Wraps Grated Cheese & Salsa Salad Fruit	07 Roast Beef & Cheese Hard Boiled Eggs Roasted Vegetable and Couscous Salad Salad and Fruit
	Week 9	10 Tomato Pasta Grated Cheese Country Vegetables Salad Fruit	11 Toasted Sandwiches Pineapple Crudité and Dip Fruit	12 Grilled Chicken Fillets Cheese Sauce Baby Potatoes Corn on the Cob Salad and Yoghurt	13 Cottage Pie Roasted Butternut Peas Salad Fruit	14 Chicken Noodle Soup Cheese and Rolls Salad Fruit
	Week 10	17 Roast Chicken Savoury Rice and Gravy Baby Carrots Salad and Fruit	18 Baked Potatoes Creamed Spinach Baked Beans Cheese Sauce Salad and Fruit	19 Lasagne Sweet Corn Crudité and Dip Yoghurt	20 Chicken and Bacon Kebabs Baby Potatoes Roasted Butternut & Feta Salad and Fruit	21 Tuna Salad Cheese Hard Boiled Eggs Cocktail Rolls Salad and Fruit
	Week 11	24 Public Holiday	25 Cultural Week TBC	26 Cultural Week TBC	27 Cultural Week TBC	28 End of Term Only After Care Lunch

Salad on the menu indicates a selection of fresh carrots, cucumber slices, tomato or lettuce
In addition, there is brown bread, peanut butter and spreads on the table. These meals are subject to stock availability and electricity supply.
This menu is subject to change without notice.