



CROSS COUNTRY FIXTURES – 2nd TERM 2018

DATE	VENUE	AGE GROUPS
Friday 4 th May	Charles Morkel Stadium (Strand)	U7 – U13
Friday 11 th May	Gordons Bay Park Run	U7 – U13
Friday 18 th May	Macassar Sports Grounds	U7 – U13
Friday 25 th May	Radloff Park	U7 – U13
Friday 1 st June	Charles Morkel Stadium (Strand)	U7 – U13
Friday 20 th July	Gordons Bay Park Run	U7 – U13
Friday 27 th July	Route 44 Park Run (To be Confirmed)	U7 – U13
Friday 3 rd August	Zonal Championships	U7 – U13
Saturday 18 th August	Western Province Champs	U7 – U13

U7 – U10	2 Km
U11 – U12	3 Km
U13 Girls	3 Km
U13 Boys	4 Km
14:30	Athletes Meet
15:00	First Race Starts