


Looking for a babysitter?
I'm Amber Mendes!

Availability
Monday - Sunday

PRICE: R75 per hour


CALL ME TO BOOK!
064 398 5101

I am an 18-year-old and a matric learner at Rhenish Girls' High School. I have four years of experience in babysitting and absolutely love spending time with children of all ages. If you are looking to take a night for yourself, have a work function you need to attend or need 'you' time I am more than happy to step in!



Looking for a
babysitter/housesitter/petsitter?

CHLOÉ LE ROUX
063 394 8187



Look no further!

I am currently a matric learner at Rhenish Girls' High, with a huge passion for little kiddies and fur babies. I am Level 1 First Aid qualified, as well as able to get around with my own transport. Based in Somerset West, I can help you out any day of the week and charge R70 an hour for babysitting, and R120 a day for housesitting/petsitting. Please don't hesitate to pop me a message should you have any questions.

Looking for a house sitter?

I am available to house sit your house during the holidays and term. Somerset West area.

R250 per night

Please feel free to contact me.

Caroline Hodge

083 23 28 25 2





April Menu

Whatsapp
orders:
076 977 6993

Free
deliveries
All Meals
Serving 2

Tuesday 2nd: Beef or Spinach and Feta Canneloni (R150)

Wednesday 3rd: Butter Chicken Curry or Butterbean and Chickpea Curry and Rice (R140) + 2 Rotis for R20

Thursday 4th: Traditional Cottage Pie with a side of Pumpkin Fritters (R150)

Friday 5th: Crumbed Chicken Burgers with Cheese Sauce and a Basil Pesto Pasta Salad (R150) or Broccoli and Bacon Soup: 1L/ R90 or 2L/ R160

Monday 8th: Chicken and Mushroom, Oxtail or Lamb and Lemon Herb Pie served with Savoury Rice and Roasted Vegetables (R160)

Tuesday 9th: Asian Style Meatballs served with Egg Noodle and Vegetable Stir-fry (R140)

Wednesday 10th: Roasted Butternut and Bacon or Butternut and Ginger Soup: 1L/ R90 or 2L/ R160

Thursday 11th: Caprese Chicken Fillets with a Potato and Vegetable Bake and Sesame Green Beans (R150)

Friday 12th: Cheese and Bacon Burgers with a Potato and Chive Salad R150 or Roasted Tomato, Chickpea and Feta Soup: 1L/ R90 or 2L/ R160

Tuesday 16th: Home-made Chicken Schnitzel with Cheese Sauce, Mashed Potatoes and Creamed Spinach R160

Wednesday 17th: Mushroom, Bacon and Parmesan Soup: 1L/ R90 or 2L/ R160

Thursday 18th: Chicken, Spinach and Bacon Phyllo Pie or Spinach and Feta Phyllo Pie both served with Savoury Rice (R150)

Friday 19th: Cheeseburgers served with a Roasted Vegetable Couscous Salad (R150)

Monday 22nd: Spinach and Feta Quiche or Quiche Lorraine served with a Trio of Salads R150 or a Roasted Carrot, Coconut and Ginger Soup. 1L/ R90 or 2L/ R160

Tuesday 23rd: Southern Style Chicken Fillets with a Sweet Chili and Yoghurt Dipping Sauce and a Roasted Vegetable and Feta Bake R140

Wednesday 24th: Potato, Leek and Lamb Soup: 1L/ R90 or 2L/ R160

Thursday 25th: Cheesy Chicken and Broccoli Bake (R130)

Friday 26th: Dutch Pea and Bacon Soup 1L/ R90 or 2L/ R160




Monday 29th: Roasted Butternut and Bacon Soup or Steak and Ale, Oxtail or Chicken, Leek and Cheddar Pie served with Mash, Roasted Butternut and Green Beans (R160)

Tuesday 30th: Marinated Chicken Pieces, Tzatziki, Mediterranean Couscous Salad and Sesame Carrots (R160)



MRS MENDES' STUDY SKILLS WORKSHOP

2024 Dates Available

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- What type of learner am I?
 - How does MY brain learn?
 - Time management and study schedule
 - 7 Steps to Study success
 - Summarising and mind mapping
 - Fabulous Flashcards
 - Coping with test anxiety
 - Cramming Chaos
- 

**Monday 25 March,
8.30 - 2.30**

Grades 5 and up incl high school



Contact: Sinead Mendes
sinmen@somersethouse.co.za
R900



CHAMPIONS

SOMERSET WEST BAPTIST CHURCH
★ 2024 ★

GRADE 1 - 7

9AM - 1.30PM

26th March 2024

R70 per person
A DAY OF FUN AND GAMES

JUICE + BISCUITS + HOTDOGS PROVIDED
AT BEAUMONT PRIMARY SCHOOL
BRING: WATER BOTTLE | HAT | WEAR SUNSCREEN

REGISTER ONLINE
www.swbc.co.za




CHESS

COACHING


Private Coaching sessions
in your home
Grade 1 - 7 pupils

AIDAN DU TOIT
066 235 7424

Contactable References

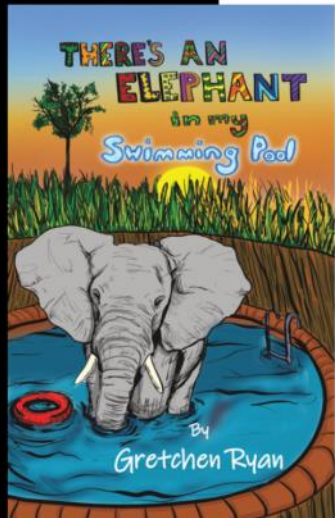


Wordsworth
BOOKS



Krest
PUBLISHERS

BOOK SIGNING



*THERE'S AN ELEPHANT
in my
SWIMMING POOL*
By
Gretchen Ryan

*THERE'S AN ELEPHANT
in my
SWIMMING POOL*
GRETCHEEN RYAN

SAT 20TH APRIL
11 AM - 1 PM
WORDSWORTH BOOKS
SOMERSET WEST