



Temporary Level 2 Lockdown
3 Week Menu Cycle Oakwood
19 October- 6 November

Monday	Tuesday	Wednesday	Thursday	Friday
19 Chicken Strips Cocktail Rolls Corn on the Cob Salad and Fruit	20 Pasta Napolitana Grated Cheese Green Beans Salad Fruit	21 Pork Sausages Mashed Potatoes Peas Salad Fruit and Yoghurt	22 Roast Chicken Rice Garden Vegetables Salad and Fruit	23 Roast Beef Cheese Hard Boiled Eggs Cocktail Rolls Salad and Fruit Yoghurt
26 Chicken Burgers Salad Pineapple Yoghurt	27 Spaghetti Bolognaise Grated Cheese Sweet Corn Salad Fruit	28 Fish Fingers Mashed Potatoes Peas Salad and Fruit	29 Braai Day 😊	30 Founders Day
02 Roast Chicken Rice Butternut Salad Fruit	03 Toasted Sandwiches Corn on the cob Salad Fruit and Yoghurt	04 Tuna Salad Cheese Hard Boiled Eggs Cocktail Rolls Salad Fruit and Yoghurt	05 Chicken and Bacon Kebabs Mashed Potatoes Garden Vegetables Salad Fruit	06 Surprise Lunch 😊

This menu is subject to stock availability and electricity
 supply and will be revised every 3-week cycle